

The Riso-Hudson Enneagram Type Indicator (Version 2.5)

Directions

The *Riso-Hudson Enneagram Type Indicator* (Version 2.5) consists of 144 paired statements. It is a questionnaire which requires you to choose the statement in each pair that best describes you **as you have been throughout most of your life.**

Mark an X in the box to the right of the statement you have selected. For example, if you feel that a statement such as "I have been friendly and outgoing" fits you better than "I have been shy and quiet," mark an X in the box to the right of the first statement. You may, at times, have been somewhat shy and quiet, or you may not always have been friendly and outgoing. But if you were forced to choose between the two, which statement more accurately reflects your past general attitudes and behavior? It has helped people to follow these instructions by recalling how they were in their early twenties, from 20-25 years of age. (Younger people should answer on the same principle, although focusing on their recent history.)

Some pairs of statements compare subtle differences between the personality types, and choosing one over the other requires you to think carefully about which response has been more true of you. In some of the pairs, both statements may *almost* be equally true. If you reflect carefully, however, you will find that one of the statements has been more true of you than the other. Choose this statement in each pair. You may want to skip particularly "difficult" pairs and return to them after you have finished the entire test. Or, you may wish to review your choices for the whole test after you have finished. Feel free to change an original response if, after further reflection, you feel that another response is more appropriate. While it is useful to wrestle with "difficult" pairs of statements, there may be 2-5 pairs that simply do not apply to you, and you may skip these.

Read the statements carefully before responding, but do not try to "over-analyze" them. You will get more accurate results if you answer spontaneously rather than think of extreme situations in which both statements might possibly be true of you. Remember that there are no "right" answers and that no personality type is better than any other. Furthermore, the RHETI does not indicate how healthy or unhealthy a person is, so relax and answer the statements simply and honestly.

If you have difficulty discovering your personality type because two or more top scores are very close, you might find it helpful to discuss your responses with someone who knows you well, such as a spouse, close friend, or therapist. After you have taken the *Riso-Hudson Enneagram Type Indicator*, please see *Personality Types* (1996) for full descriptions, *Understanding the Enneagram* for more information and applications, and the complete text of *Discovering Your Personality Type* for more about interpreting the RHETI.

If the instructions are followed, this test is approximately 80-87% accurate for discovering your main personality type. In some cases, it may be necessary to take the RHETI several times. Naturally, if you have been in therapy or a psychological or spiritual practice of some sort, you will have developed over time. Nevertheless, your core self will remain the same since you do not actually change your personality type. By responding to the statements *as you have been most of your life*, you are attempting to find out what your "core" self is.

In March, 2001, the *Riso-Hudson Enneagram Type Indicator (RHETI, Version 2.5)* was officially validated by independent research. The research, the subject of a doctoral dissertation at a state university, concluded that the RHETI is "valid and reliable" as a test instrument with "solid psychometrics." Internal-consistency reliability scores indicate that the RHETI ranges from 56% to 82% accurate for the various types, with an overall accuracy of 72%. The RHETI is the *only validated, true Enneagram-based questionnaire* available, and the only test to be *independently validated by an impartial researcher*. It also compares well to the standard NEO PI-R test. More information about the RHETI is available from The Enneagram Institute and online at our website. You may also take the RHETI on our website at www.EnneagramInstitute.com for only \$10.

For additional copies of this Offprint, for a referral to an Enneagram teacher in your area, or to have the *Riso-Hudson Enneagram Type Indicator* interpreted by an Enneagram teacher trained and certified by Don Richard Riso and Russ Hudson, please contact The Enneagram InstituteSM. Copies of the RHETI Offprint are available for purchase online from www.Amazon.com.

Copies of the new QUEST-TAS Offprint, two independent questionnaires in one 20 page booklet, from Don Riso's and Russ Hudson's latest book, *The Wisdom of the Enneagram*, are available from The Enneagram InstituteSM for \$10 a copy (plus S&H). Discounts for bulk purchases. Copies of the QUEST-TAS are now available for purchase online from www.Amazon.com.

To purchase the best-selling *The Wisdom of the Enneagram* (1999) by Don Riso and Russ Hudson, please contact Bantam Books Special Sales Department at (800) 726-0600 or visit The Enneagram InstituteSM website at www.EnneagramInstitute.com. To obtain copies of the following best-selling books by Don Riso, *Personality Types - revised edition* (1996), *Understanding the Enneagram - revised edition* (2000), *Discovering Your Personality Type: The NEW Enneagram Questionnaire* (1995), and *Enneagram Transformations* (1993), for use in Enneagram workshops, as well as in business and organizational settings, please contact Houghton Mifflin Company, 222 Berkeley Street, Boston, Massachusetts 02116 at (800) 225-3362. A 47% discount on bulk orders of 16 or more copies (you may mix titles), is available directly from the Houghton Mifflin Company's Special Sales Department at (617) 351-5919.

For information about Riso-Hudson Enneagram Workshops and Training and Certification Program, business seminars, and new publications, or to have your name added to the mailing list, please contact:

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